

Spa

au Château de Pondres\*\*\*\*

Cho Nature

Carte de Soins

Treatment Card





## FACIAL CARE

### Treatment " Eye contour " 30min/65€

At the end of the treatment, the eyes are rested, the skin is smoothed, reduced dark circles and puffiness.

### Treatment " Shine " 45min/80€ 1h15/110€

The skin is radiant, luminous, and plumped up.

### Treatment " Nourishing comfort " 45min/80€ 1h15/110€

For all dry skin types, sensitive, its moisturizing and repairing properties bring comfort and nutrition to the skin.

### Treatment " Mattifying " 45min/80€ 1h15/110€

Helps create visibly more radiant skin. Fine lines and imperfections are reduced. For a healthy glowing skin.

### Treatment " Prestige " 1h30/140€

The skin is transformed. You are truly rejuvenated. This treatment allows a revitalization of the skin by stimulating the production of collagen in depth and the attenuation of fine lines.





## BODY CARE

Our massages are made to measure according to your needs. It can also be adapted to pregnant women

(Without essential oils)

A one-hour access to our wellness area is offered to you if you perform any type of body care.

To be done before or after your treatment depending on availability.

### Relaxing massage with essential oils

This unavoidable treatment offers a deep relaxation, body and mind find calm and serenity.

45 min..... 80€

1 hour ..... 95€

1 hour 15..... 110€

1 hour 30..... 140€

### Treatment light legs 30min/65€

Promotes blood and lymphatic circulation, relaxes the muscular contractions of the legs and cramps to provide better daily comfort.

### Body scrub 45min/70€

Effective to eliminate dead cells and reveal its softness.

### The personalized 1h/95€

Composed of a scrub followed by a massage with essential oils, this treatment is a pleasant succession of enveloping and reassuring maneuvers.

### Discovery getaway 1h30/140€

An hour and a half of well-being and rejuvenation for a discovery of the universe CHO NATURE. It contains a forty-five-minute facial and a forty-five-minute relaxation massage.

### Beauty getaway of dreams 2h/195€

CHO NATURE a complete body treatment with scrub, wrap, facial and relaxing massage. An ideal program for those who love to take care of themselves.





## BEAUTY TREATMENTS



### Hand beauty 1h/25€

After a subtle scrubbing, sanding, and filing, your hands are comforted before applying nail polish, where from semi-permanent for 35€.

### Foot beauty 1h/35€

After exfoliation, filing, sanding, and applying nail polish will perfect this treatment, where from semi-permanent for 45€.



## HAIR REMOVAL



### HAIR REMOVAL WOMAN

### HAIR REMOVAL MEN

☒ Lips / Chin / Eyebrows.....8€

☒ Eyebrows.....10€

☒ Underarms.....15€

☒ Nose / Ears ..... 15€

☒ Half-legs.....20€

☒ Underarms ..... 20€

☒ Full Legs.....30€

☒ Arm.....30€

☒ Arm.....20€

☒ Legs.....40€

☒ Classic Bikini.....25€

☒ Back / Shoulders .....35€

☒ Brazilian Bikini.....35€

☒ Torso .....25€





## THE WELLNESS AREA

The wellness area is reserved for hotel guests as well as to external persons. The minimum age required to access the program is 18 years old. Access to our facilities is by appointment only according to our availability. It includes a hammam and a sauna.

### Access slots 1 hour

15€ / person for our hotel residents

20€ / person for our external clients

## ARRIVAL AT THE SPA

We recommend that you present yourself for 10 minutes before the start of your treatment to take the time to change and relax. In case of delay due to you, we will do our best to offer you the same care if the schedule of the wellness area allows it. In the opposite case, we will be obliged to shorten your care in order not to disturb the next customer. For your comfort, changing rooms are at your disposal. You will find bathrobes, towels, and slippers.



# Spa Cho Nature

Au Château de Pondres\*\*\*\*

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Château de Pondres

