



## FACIAL CARE

### « Eye contour » Treatment 30min/65€

At the end of the treatment, the eyes are rested, the skin is smoothed, dark circles and puffiness are reduced.

### « Shine » Treatment 45min/8€ 1h15/110€

The skin is radiant, luminous and plumped.

### « Nourishing comfort » Treatment 45min/80€ 1h15/110€

For dry or sensitive skin types, its moisturizing and repairing properties bring comfort and nutrition to the skin.

### « Mattifying » Treatment 45min/80€ 1h15/110€

Helps create visibly more radiant skin. Fine lines and imperfections are reduced. For a healthy glowing skin.

### « Prestige » Treatment 1h30/140€

The skin is transformed. You are truly rejuvenated. This treatment allows a revitalization of the skin by stimulating the production of collagen deep in the layers of the skin and attenuates fine lines.





## BODY CARE

Our massages are made according to your needs. They can also be adapted to the needs of pregnant women  
( Without essential oils )

A one hour access to our wellness area is offered to you if you perform any type of body care.

To enjoy before or after your treatment depending on availability.

### Relaxing massage with essential oils

This not to be missed treatment offers a deep relaxation, body and mind find calmness and serenity.

45 min.....	80€
1 hour.....	95€
1 hour 15.....	110€
1 hour 30.....	140€

### « Light legs » Treatment 30min/65€

Promotes blood and lymphatic circulation, relaxes the muscular contractions of the legs and cramps to provide better comfort on a daily basis.

### Body scrub 45min/70€

Effective to eliminate dead cells and reveal the softness of the skin.

### The personalized 1h/95€

Composed of a scrub followed by a massage with essential oils, this treatment is a pleasant succession of enveloping and reassuring manipulations.

### Discovery getaway 1h30/140€

An hour and a half of well-being and rejuvenation during the discovery of the CHO NATURE universe. It contains a forty-five minute facial and a forty-five minute relaxation massage.

### Beauty getaway of dreams 2h/195€

CHO NATURE a complete body treatment containing a scrub, a body wrap, a facial and a relaxing massage. An ideal plan for those who love to take care of themselves.





# BEAUTY TREATMENTS

## Hand beauty 1h/40€

After a subtle scrubbing, sanding and filing, your hands are comforted before the application of nail polish, or semi-permanent for 50€.

## Foot beauty 1h/50€

After exfoliation, filing, sanding and application of nail polish to perfect this treatment, or semi-permanent for 60€.



# HAIR REMOVAL

## HAIR REMOVAL WOMEN

## HAIR REMOVAL MEN

☒ Lips / Chin / Eyebrows.....8€

☒ Eyebrows.....10€

☒ Underarms.....15€

☒ Nose / Ears.....15€

☒ Half-legs.....20€

☒ Underarms.....20€

☒ Full Legs.....30€

☒ Arm.....30€

☒ Arm.....20€

☒ Legs.....40€

☒ Classic Bikini.....25€

☒ Back / Shoulders.....35€

☒ Brazilian Bikini.....35€

☒ Torso.....25€



## THE WELLNESS AREA

The wellness area is reserved for hotel guests as well as external visitors. The minimum age required to access the program is 18 years old. Access to our facilities by appointment only according to our availability. It includes a hammam and a sauna.

### Access slots 1 hour

20€ / person for our hotel residents

30€ / person for our external clients

## ARRIVAL AT THE SPA

We recommend that you present yourself 10 minutes before the start of your treatment to take the time to change and relax. In case of delay due to you, we will do our best to offer you the same care if the schedule of the wellness area allows it. In the opposite case, we will be obliged to shorten your care in order not to disturb the next customer. For your comfort, changing rooms are at your disposal. You will find bathrobes, towels, and slippers.



Spa

au Château de Pondres\*\*\*\*

Cho Nature

Carte de Soins

Treatment Card



# Spa Cho Nature

Au Château de Pondres\*\*\*\*

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chateaudepndres



Château de Pondres